

Big Shark/Little Shark Program

The goal of this program is to help form strong relationships between our team's oldest and youngest swimmers. All 11 and over swimmers are welcome **and encouraged** to participate in this program for our 6 & under.

Big Shark Safety Requirements:

1. Must be 54 inches tall.
2. Must be able to tread water for 1 $\frac{1}{2}$ minutes.

Big Shark Responsibilities:

1. Get to know your Little Shark (they should know your name if asked!)
Help them understand how a team/meet works.
2. Commit to either AM or PM practice & pick a minimum of 2 days that you will attend.
(Ex: Every M-W-F pm practice or every T & Th am practice).
3. Attend meets, serving as a catcher for 6 & under.
4. Support and cheer for your little shark (practice and meets)!

***REMINDER: If you do NOT work your 2 practices, you may NOT kid catch at that week's meet.**

Big Shark Rewards:

1. Feel good about helping your team & getting young kids excited about swimming!
2. Earn valuable Volunteer Hours (NHS, Beta Club, etc...)

*If you would like to be a Big Shark, you must complete your contract and turn it in to one of the coaches or _____.

As a Big Shark, I commit to ALL of the above responsibilities.

Name: _____

Your email: _____ Do you check your emails daily? _____

Your parents' email: _____

Preferred Little Shark (optional): _____

During School: Days you can commit to stay for 6&U practice: _____

During summer: Days and session (am or pm) you can stay for 6&U practice:

_____.